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Hello,

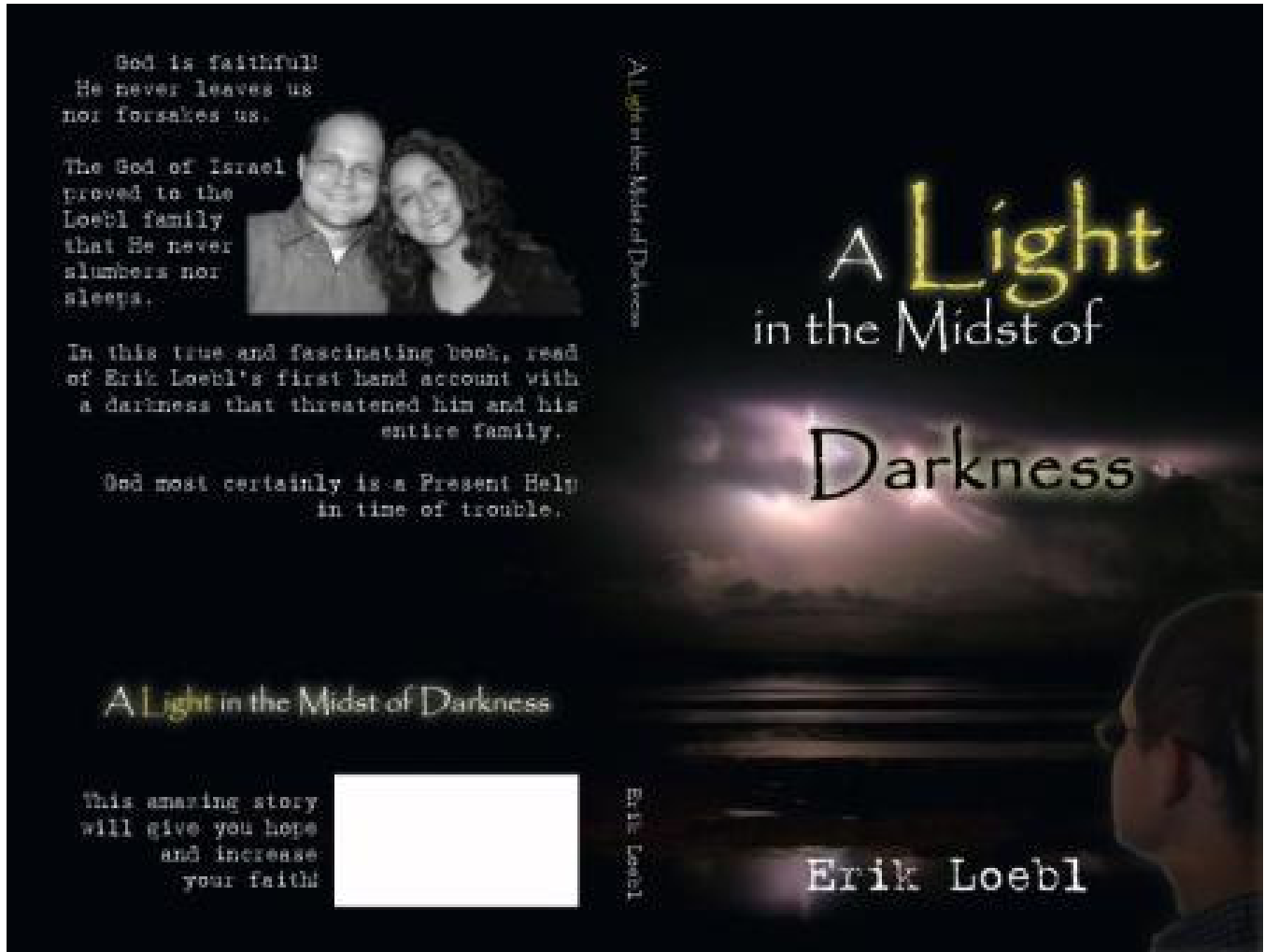
I am Erik Loebel



Thank you for considering me to appear on your show! I personally experienced a miraculous healing and recovery. I wrote a book called, “*A Light in the Midst of Darkness*”, which describes some of my memoirs of the event.

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Below is the cover to my book "A Light in the Midst of Darkness"



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Why did you write the book “A Light in the Midst of Darkness”?

My name is Erik Loebel, I am a married 34 year old male. My wife and I have 4 children. I had been having headaches occurring in the back of my head which I thought were stress related. Often these headaches were resolved through a short nap. I also experienced a numbness in some of my body parts which often were a result of strenuous work or exercise.

In preparing for Hurricane Rita I had one of these aforementioned headaches, and being a very spiritual person I prayed that God would remove the headache from me. I took a short nap on the floor in hopes that the headache would go away and didn't know that the short nap would result in a series of operations and a potentially life threatening situation.

During 2 hospital stays the author spent 18 days in the ICU of a hospital and 4 in another. Before this, his wife suffered with a massive depression incident where she took an excessive amount of sleeping pills. She tells her story within the book's contents.

I wrote the short book “*A Light in the Midst of Darkness*”, to recount memories I have of the event, affects on my family, and the rehabilitation process I incurred. This was a seemingly hopeless situation where the outcome was changed for the better.

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Here are some question ideas and some show ideas you can include me in:

- *What is faith based healing? Are there steps to take?*
- *Why is taking appropriate action, such as nutrition, lifestyle, exercise important?*
- *What does faith play in helping people through hard times?*
- *How can friends and family support people in their time of hardship? What can they say or do to help?*
- *What are the things people should NOT say to those people in their crisis situation?*
- *What is the power of prayer? Why is prayer important?*
- *How can parents help specifically?*
- *How can children be a source of rehabilitation such as coming back after surgery or cancer treatment?*
- *How can they help in the rehabilitation process?*
- *Why do you feel you are a gift of a miracle (need short summary)*
- *Do miracles happen?*
- *Do some people forget about faith in times of trouble?*
- *What is the first few things people should do when faced with a sudden crisis such as an illness, loss of job, sudden financial problem?*

Other show ideas include:

1. Is this book relevant to the majority of people? Are guests interested in this story? (What kind of a show can be done around the Loebels?)

Yes, everyone goes through struggles and hard times in their life. Marriage vows are tested and strained. Women have panic attacks. Families are destroyed. This is a story of how hope was brought into a seemingly hopeless situation. Both the author and his wife share some of their experiences with darkneses the could have destroyed them and their home.

2. What could the guest talk about and do on the air?

We can talk about marital commitment. We can talk about how nutrition and exercise can affect your daily life and lead ultimately to living a healthier life. There is a very important value in spending time with your children. How to deal with your growing children.

3. What is the problem the guest can help people solve or avoid?

How to live a healthier life. What is very encouraging in a visit to someone in a hospital? How can you be very supporting to your husband/wife during a time of crisis? What are the best ways to spend time with your children? What are some ways to spend quality time with you wife?

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4. How can this book tie in with the holiday?

*September 22 is "Spend More Time With Your Spouse Day"
September 23 is "Spend More Time With Your Children Day"*

5. Why people's bad food choices are killing them? Are people going to the hospital more because of poor diet choices?

Good nutrition should consist of a diet high in fiber. Fruits and vegetables should be eaten and supplements (vitamins) should be taken to supplement anything lacking.

6. What kind of a quiz or on-air contest can you sponsor? Answer any of the following questions for a chance to win a free book!

- "What did you do yesterday that will help your marriage be successful?"
- "What did you do yesterday that will help your relationship with your kids?"
- "How do you discipline your kids?"
- "How much sugar did you eat yesterday?"
- "Did you eat breakfast yesterday?"
- "Did you eat lunch yesterday?"
- "Did you eat dinner yesterday?"
- "How many snacks did you have yesterday?"

7. What is humorous about the book?

Don't try this at home.

8. What can the reader take away from my book?

Make each and every day count! Don't waste your day.

9. A controversial question, or a bold question

*"Should the advice of a doctor be trusted?"
"Should you trust every thing the doctor says?"*

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10. Do a ranking Top 10 reasons you could be on your way to the hospital.

10. *You just had a car wreck.*
9. *You ate bad food.*
8. *You just ingested a poisonous substance.*
7. *You were knocked unconscious.*
6. *You just had a seizure.*
5. *You just had a baby.*
4. *You just ate at McDonalds.*
3. *You just got shot.*
2. *You were stabbed.*
1. *You have a headache.*

Thank you again for considering me for your show! I look forward to talking with you soon.

All the best,

Erik J. Loebel